





Montag		Dienstag		Mittwoch		Donnerstag		Freitag		Samstag		Sonntag	
GYM 1	GYM 2	GYM 1	GYM 2	GYM 1	GYM 2	GYM 1	GYM 2	GYM 1	GYM 2	GYM 1	GYM 2	GYM 1	GYM 2
				9:30 - 10:30 belegt		9:30 - 10:30 belegt		8:30 - 9:30 belegt					
10:30 - 11:30 Reha Sport Iveta	10:30 - 11:30 Body Workout Diana	11:00 - 12:15 Rücken & Stretch Diana		10:30 - 11:30 Reha Sport Saskia		11:00 - 12:15 Pilates Eva				10:30 - 12:00: Functional Training Esteban		10:30 - 11:40 LESMILLS Body Pump Daniela	
						16:30 - 17:30 belegt				12:00 - 13:00  Kelly			
17:30 - 18:00 Intervall Leonie	17:15 - 18:15 belegt	17:30 - 18:40 LESMILLS Body Pump Marnie	17:30 - 19:00 belegt			17:30 - 18:30  Kelly		17:30 - 18:00 LESMILLS CX WORX Kathy					
18:00 - 18:30 LESMILLS CX WORX Leonie	18:30 - 19:30 Reha Sport Saskia	18:40 - 19:40 Indoor- Cycling Edith		18:00 - 19:00 Rücken & Faszien Astrid		18:30 - 19:30 Indoor- Cycling Lars	18:30 - 19:30 Reha Sport Iveta	18:00 - 19:00 Langhantel- Training Andrea B.	18:00 - 19:00 LESMILLS Body Balance Kathy			15:30 - 16:30 Langhantel- Training Andrea B.	
18:30 - 19:30  Esteban	19:30 - 20:30 LESMILLS Body Balance Ron	19:40 - 20:40 Boxen Hans	19:00 - 20:00 Pilates Mari	19:00 - 20:00  Kelly	19:00 - 20:00 LESMILLS Body Balance Kerstin	19:40 - 20:40 Functional Training Niclas	19:30 - 21:00 belegt					16:30 - 17:30 Indoor- Cycling Andrea V.	
19:40 - 20:40 Functional Training Esteban					20:00 - 22:00 belegt								